

## REFLECTIONS

FROM A BOARD ROOM MIRROR.

A most successful bazaar was opened by Lady Tullibardine at Perth on the 18th inst, to provide funds for furnishing the new Infirmary for Perth and Perthshire. The buildings, which have been erected at a cost of £40,000, include a children's ward as a memorial to the late King. It is quite marvellous how much money can be taken at bazaars in Scotland.

Mrs. Emma James, of Eastbourne, has left about £12,000 to charities, of which the General Hospital, Nottingham, is to have £3,000.

A letter from the London County Council Education Committee to the Medical Officer of the Port of London, pointing out the increase of favus (scalp disease) among children attending the elementary schools in the East End, which was traceable to aliens, was read at the meeting of the Alien Immigration Board last week. The committee asked the assistance of the medical officer in dealing with immigrants, in order to prevent the spread of this disease. Several young Russian women and their children suffering from this highly contagious and filthy disease have recently been rejected by the Board. This is only fair to the children of the poor, who are in a clean and healthy condition, and who otherwise are most unjustly subjected to risks of infection.

### 'KEPLER' MALT EXTRACT WITH GLYCEROPHOSPHATES.

'Kepler' Malt Extract with Glycerophosphates is now issued by Messrs. Burroughs Wellcome & Co. Each fluid ounce contains gr. 4 of calcium glycerophosphate, and of potassium, sodium and magnesium glycerophosphates, gr. 2 each. For these 'Kepler' Malt Extract forms an appropriate and palatable vehicle, having, as well, a definite food-value of its own.

While in no sense possessed of specific virtues, glycerophosphates are being extensively ordered by the medical faculty as they have been found distinctly beneficial in enfeebled conditions of the nervous system, resulting from worry, from overwork, and from exhaustion, as well as in such apparently diverse conditions as anæmia, urticaria, and incontinence of urine. In osteomalacia and rickets, the calcium salt is valuable, and in the treatment of epilepsy by means of a salt-free diet, the administration of glycerophosphates in conjunction with bromide is strongly recommended by authorities.

'Kepler' Malt Extract with Glycerophosphates presents glycerophosphates in an agreeable medium, which is itself an easily assimilable nutrient, capable of aiding amylaceous digestion. To this extent the therapeutic value of the glycerophosphates is considered to be enhanced.

### RED CROSS AND NATIONAL HEALTH SERVICE EXHIBITION.

ABERDEEN, DECEMBER 16th to 20th, 1913.

President: HER EXCELLENCY THE COUNTESS OF ABERDEEN.

The Exhibition to be held in December next will comprise the following Sections:—

1. *Red Cross Section*, showing work done by Red Cross Societies in Great Britain, Germany, Switzerland, France and other countries, exhibits of transport and ambulance models, field cookery, camp kitchen, first-aid outfits, model of Hospital train, field hospital, &c.

2. *Irish Exhibition Section*, sent from Dublin by kind permission of her Excellency the Countess of Aberdeen. In this Section special prominence is given to preventive Tuberculosis work.

3. *Infant Welfare Section*, including work done by Public Health Societies and Corporations, Schools for Mothers, Infant Welfare Societies in England and abroad, an exhibit from the Aberdeen School for Mothers, models, posters and exhibits lent by the National Union of Trained Nurses, Miss Alexander's Health and Home Exhibits, &c.

4. *General Hygiene and Nursing Section*, including a dental exhibit, ventilators, nursing appliances, inventions and contrivances, diagrams and posters of a general hygiene nature.

5. *Food and Cookery Section*, including an exhibit by the Aberdeen School of Domestic Economy, fire-saving apparatus, Miss Alexander's larder exhibits, &c.

6. *Historical Section*, including many interesting loan exhibits.

7. *Literature Stall*, with pamphlets, books, patterns, &c., for sale.

8. *Trade Exhibits* by high-class firms.

#### COMPETITIONS.

Prizes will be awarded as follows:—

1. For best improvised stretcher. Open to members of voluntary aid Detachment only.

2. For best home-made first-aid outfit, cost not to exceed 2s. Open to members of voluntary aid Detachments only.

3. For best set of padded splints. Open to trained nurses only.

4. For best improvised carrying chair. Open Competition.

5. For home-made infant's cradle, cost not to exceed 2s. 6d. Open Competition.

6. For best bill of fare for one week for working class family (father, mother and two children). Wages £1, rent 4s. Open competition.

7. For the best bill of fare for a week for a convalescent tubercular patient of the working classes. Cost not to exceed 7s. 6d. Open to trained nurses only.

8. (a) For best home-made perambulator, cost not to exceed 5s. (b) For best home-made toy, cost not to exceed 3d. Open to men only.

9. For the best invention or contrivance pertaining to Infant Welfare. Open Competition.

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